

May

WEEKLY ACTIVITIES

SUN 4 th	2:30 – Church Service in the Chapel	
MON 5 th	9:30 – Chair exercise in the Chapel 10:00 – Walking Club in the L.L. 12:30 – Wildlife Drive (Sign up on the Bulletin)	
TUE 6 th	9:30 – Chair exercise in the Chapel 9:30 – Coffee with Friends in the Dining Room 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel	
WED 7 th	9:30 – Chair exercise in the Chapel 10:00 – Bible Study in the Chapel 10:00 – Meditation in the Sensory Room 1:00 – Resident Council in the Chapel 2:00 – Arts and Crafts (Cinco de Mayo) in the L.L. 3:00 – Name That Tune in the L.L.	
THU 8 th	9:30 – Chair exercise in the Chapel 10:00 – Puzzle Club in the U.L. 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel	
FRI 9 th	9:30 – Chair exercise in the Chapel 10:00 – Meditation in the Sensory Room 10:30 – Water Aerobics in the Pool Room 1:00 – Bean Bag Toss in the L.L. 2:00 – Celebrate Nurses Week in the Dining Room 3:00 – Arts and Crafts (Memorial Day) in the L.L.	
SAT 10 th	1:00 – Cards (313) Hosted by Frances in the U.L.	

****Refer a friend to live here at fabulous Pine Hills Retirement Community and receive \$500 off 1 months rent!!****

(Turn page over for weekly menu)