

April Weekly Activities

Sun. 13	<i>2:30 - Church Service in the Chapel</i>
Mon. 14	<i>9:30 - Chair Exercise in the Chapel 10:00 – Walking Club in the U.L. 1-3 – Supervised Walking</i>
Tue. 15	<i>9:30 – Chair exercise in the Chapel 9:30 – Coffee with Friends in the Dining Room 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel</i>
Wed. 16	<i>9:30 - Chair Exercise in the Chapel 10:00 – Meditation in the Sensory Room 10:00 – Bible Study in the Chapel 12:30 – Local Shopping 3:00 - Show and Tell in the U.L.</i>
Thur. 17	<i>9:30 - Chair Exercise in the Chapel 10:00 – Memorial Day Crafts 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel</i>
Fri. 18	<i>9:30 - Chair Exercise in the Chapel 10:00 – Meditation in the Sensory Room 1:00 – Fingernail Painting</i>
Sat. 19	<i>1:00 - Cards with Frances (313) in the UL</i>