

March

WEEKLY ACTIVITIES

SUN 23rd	2:30 – Church Service in the Chapel
MON 24th	9:30 – Chair exercise in the Chapel 10:00 – Walking Club in the U.L. 12:30-2:30 – Blood Pressure Screening in the Executive Dining Room 1:00 – Word in a Word in the U.L. 2:00 – Birthday Party in the Dining Room 3:00 – Farkle in the U.L.
TUE 25th	9:30 – Chair exercise in the Chapel 9:30 – Coffee with Friends in the Dining Room 10:00 – Catholic Service in the Chapel 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel
WED 26th	9:30 – Chair exercise in the Chapel 10:00 – Bible Study in the Chapel 10:00 – Meditation in the Sensory Room 12:30 – Dollar Tree in Custer (Sign up on the Bulletin)
THU 27th	9:30 – Chair exercise in the Chapel 10:00 – Trivia (springtime edition) in the U.L. 1:00 – Bingo in the L.L. 3:30 – Chair Yoga in the Chapel
FRI 28th	9:30 – Chair exercise in the Chapel 10:00 – Meditation in the Sensory Room 10:30 – Water Aerobics in the Pool Room 1:00 – Cards (313) in the U.L.

****Refer a friend to live here at fabulous Pine Hills Retirement Community and receive \$500 off 1 months rent!!****

(turn page over for weekly menu)

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WEEKLY ACTIVITIES

SAT
29th

1:00 – Cards (313) Hosted by Frances in the U.L.

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(turn page over for weekly menu)